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Chinese Five Spice Chocolate Pots de Creme

Yield: 4 min Total Time: 30 min

Recipe from: https://www.recipeschoose.com/recipes/chinese-five-spice-chocolate-cake-recipe

Ingredients:

- 2 cups heavy cream
- 5 teaspoons Chinese five-spice powder
- 5 large egg yolks
- 2 tablespoons sugar
- 1/4 teaspoon salt
- 1/4 cup half-and-half
- 8 ounces chocolate finely chopped good quality, I used one 4-oz bar of Ghiardelli dark chocolate and one 4-oz bar of Ghiardelli semi-s...
- 1/4 cup heavy cream for whipping

Nutrition:

Calories: 900 calories
Carbohydrate: 61 grams
Cholesterol: 490 milligrams

4. Fat: 71 grams5. Fiber: 3 grams6. Protein: 8 grams7. SaturatedFat: 43 grams

7. SaturatedFat: 43 grams8. Sodium: 240 milligrams

9. Sugar: 43 grams

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