

# Chinese Fish Soup

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/traditional-chinese-fish-soup-recipe>

## Ingredients:

- 1 fish fresh, around 300g
- 1/2 white radish a middle size, finely shredded
- 4 slices ginger
- 1 green onion
- 1/2 teaspoon salt or as needed
- 1 teaspoon cooking wine
- 8 7/16 cups cold water or as needed
- 1 teaspoon cooking oil
- coriander for decorating and garnishing, optional

## Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 45 milligrams
4. Fat: 6 grams
5. Protein: 14 grams
6. SaturatedFat: 1 grams
7. Sodium: 370 milligrams

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