

Tonnato Sauce with Grilled Vegetables

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-fish-sauce-recipe-for-noodles>

Ingredients:

- 5 ounces tuna dark or light, oil- or water-packed
- 2 egg yolks
- 2 teaspoons lemon juice
- 1 teaspoon fish sauce
- 2 cloves garlic
- 2 pinches kosher salt or more to taste
- 1 1/2 cups canola or other neutral-flavored oil
- 2 pounds vegetables we used bell peppers, broccoli, zucchini, cut into grillable strips
- 2 tablespoons extra virgin olive oil

Nutrition:

1. Calories: 1010 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 120 milligrams
4. Fat: 95 grams
5. Fiber: 9 grams
6. Protein: 16 grams
7. SaturatedFat: 8 grams
8. Sodium: 390 milligrams

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