

Ginger Soy Chinese Noodles

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-fish-and-mushrooms-recipe>

Ingredients:

- 1 package fish Happy
- 8 ounces rice noodles prepared according to instructions
- 1 pound crimini mushrooms sliced thick
- 8 ounces broccoli trimmed & separated
- 1 yellow bell pepper seeds removed, sliced thin
- 1 red bell pepper seeds removed, sliced thin
- 2 cups green cabbage Shredded
- 3 tablespoons oil
- 2 tablespoons oil
- 1/3 cup soy sauce
- 1/3 cup honey
- 1 teaspoon fresh ginger Grated
- 4 garlic cloves grated
- 1 teaspoon chili paste optional
- 2 teaspoons sesame oil
- sliced green onions
- sesame seeds

Nutrition:

1. Calories: 420 calories
2. Carbohydrate: 55 grams
3. Fat: 21 grams
4. Fiber: 6 grams
5. Protein: 9 grams
6. SaturatedFat: 2 grams
7. Sodium: 1250 milligrams
8. Sugar: 28 grams

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