

# Chinese Eggplant With Spicy Szechuan Sauce

Yield: 4 min  
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/will-chinese-eggplant-recipe-work-with-regular-eggplant>

## Ingredients:

- 1 1/2 pounds Japanese eggplant about 4 x 10 inch eggplants
- 2 teaspoons salt
- 1 bowl water
- 2 tablespoons cornstarch
- 4 tablespoons peanut oil or wok oil
- 4 cloves garlic rough chopped
- 2 teaspoons ginger finely minced
- 5 dried red chilies
- 1 teaspoon Szechuan peppercorns or sub regular peppercorns
- 1/4 cup soy sauce
- 1 tablespoon garlic chili paste or sub 1 teaspoon chili flakes
- 1 tablespoon sesame oil
- 1 tablespoon rice vinegar
- 1 tablespoon Chinese cooking wine or mirin
- 3 tablespoons sugar brown sugar, coconut sugar, maple syrup or alternative
- 1/2 teaspoon five-spice

## Nutrition:

1. Calories: 270 calories
2. Carbohydrate: 28 grams
3. Fat: 17 grams
4. Fiber: 6 grams
5. Protein: 3 grams
6. SaturatedFat: 3 grams
7. Sodium: 2080 milligrams
8. Sugar: 13 grams

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