

# Fuchsia Dunlop's Sichuanese Dry-Fried Green Beans

Yield: 4 min  
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-dry-green-beans>

## Ingredients:

- 3/4 pound green beans
- 6 dried chiles
- 2 scallions whites only, sliced
- 3 garlic cloves sliced
- ginger an equivalent amount of, sliced
- 2 tablespoons preserved vegetable Sichuanese ya cai or Tianjin, optional but recommended; see note above
- 1/2 teaspoon Sichuan pepper whole
- 1 teaspoon toasted sesame oil
- 2 tablespoons canola oil

## Nutrition:

1. Calories: 110 calories
2. Carbohydrate: 9 grams
3. Fat: 8 grams
4. Fiber: 4 grams
5. Protein: 2 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 10 milligrams
8. Sugar: 3 grams

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