

Chinese Doughnuts

Yield: 8 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-doughnuts-recipe>

Ingredients:

- 2 cups all purpose flour
- 2 teaspoons granulated sugar
- 1/2 teaspoon sea salt
- 1 tablespoon baking powder Tbsp
- 6 tablespoons refined coconut oil Tbsp, Chilled in the freezer 10 minutes
- 3/4 cup full fat coconut milk from a can
- oil for frying

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 27 grams
3. Fat: 18 grams
4. Fiber: 1 grams
5. Protein: 4 grams
6. SaturatedFat: 14 grams
7. Sodium: 350 milligrams
8. Sugar: 2 grams

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