

Chinese doughnut stick (Youtiao, ??)

Yield: 10 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-doughnut-stick-recipe>

Ingredients:

- 2 7/8 cups plain flour all-purpose, see note 1
- 1 cup milk
- 1 tablespoon cooking oil
- 1 tablespoon baking powder
- 1/2 teaspoon baking soda
- 1 teaspoon salt
- 1 teaspoon cooking oil for coating the dough
- 2 1/8 cups cooking oil for deep frying, see note 2

Nutrition:

1. Calories: 570 calories
2. Carbohydrate: 29 grams
3. Cholesterol: 5 milligrams
4. Fat: 49 grams
5. Fiber: 1 grams
6. Protein: 5 grams
7. SaturatedFat: 3.5 grams
8. Sodium: 480 milligrams
9. Sugar: 2 grams

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