

Chinese Doughnut

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-doughnut-recipe-from-scratch>

Ingredients:

- 1 cup all-purpose flour
- 5 1/16 tablespoons water
- 1/4 teaspoon salt
- 1/4 teaspoon baking powder
- 1/4 teaspoon baking soda
- 1 teaspoon cooking oil
- cooking oil Right amount of, for deep fried

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 24 grams
3. Fat: 6 grams
4. Fiber: 1 grams
5. Protein: 3 grams
6. Sodium: 260 milligrams

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