

# Chinese Noodles With Chicken

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-chinese-celery-meal>

## Ingredients:

- 3 garlic cloves
- ginger 1.18 inches long
- 1 tablespoon soy sauce for the marinate
- 2 tablespoons soy sauce
- 2 pieces chicken breast, sliced
- 6 1/3 ounces chinese noodles
- 2 tablespoons olive oil
- 1 celery sliced into wide and thin slices
- 1 carrot slices into wide and thin slices
- 4 green onions sliced into long pieces
- 1 teaspoon curry

## Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 32 grams
3. Fat: 21 grams
4. Fiber: 3 grams
5. Protein: 5 grams
6. SaturatedFat: 3 grams
7. Sodium: 900 milligrams
8. Sugar: 2 grams

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