

# Crispy Chicken Power Bowl

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-crispy-chicken-strips-recipe>

## Ingredients:

- 8 pieces crispy chicken strips Schneiders, cooked per package instructions
- 1 1/2 cups farro cooked
- 1 cup carrot grated
- 1 cup red cabbage shredded
- 1 cup edamame cooked per package instructions, cooled
- 1 avocado quartered, sliced
- 2 scallions thinly sliced
- 2 tablespoons sesame seeds lightly toasted
- 1/4 cup dill
- 1/4 cup olive oil
- 2 tablespoons fish sauce
- 1/3 cup Tahini
- 1/4 cup lime juice
- 2 teaspoons red wine vinegar
- 1 clove garlic finely grated
- 1 ginger ” piece of, finely grated

## Nutrition:

1. Calories: 830 calories
2. Carbohydrate: 85 grams
3. Fat: 45 grams
4. Fiber: 21 grams
5. Protein: 33 grams
6. SaturatedFat: 6 grams
7. Sodium: 1030 milligrams
8. Sugar: 4 grams

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