

# Chinese Crispy Beef Under 30 Minutes

Yield: 4 min  
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-crispy-beef-recipe>

## Ingredients:

- 2/3 pound top sirloin steak cut into 3/8-inch strips
- 2 teaspoons soy sauce
- 5 tablespoons cornstarch divided
- 1/2 carrot thinly sliced into matchsticks
- 2 green onion sliced
- 1 fresh red chili seeded and sliced, optional
- 1/4 cup oil for frying
- 3 tablespoons soy sauce
- 2 tablespoons honey
- 2 tablespoons sweet chili sauce
- 1 tablespoon rice vinegar
- 3 cloves garlic minced
- 1 teaspoon potato starch or cornstarch

## Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 24 grams
3. Cholesterol: 35 milligrams
4. Fat: 24 grams
5. Fiber: 2 grams
6. Protein: 17 grams
7. SaturatedFat: 5 grams
8. Sodium: 990 milligrams
9. Sugar: 11 grams

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