

Pressure Cooker Chinese Lemon Chicken

Yield: 6 min
Total Time: 3 min

Recipe from: <https://www.recipeschoose.com/recipes/pressure-cooker-recipe-chinese-food>

Ingredients:

- 4 skinless chicken breasts large boneless, cut into bite-sized pieces
- 1/2 cup lemon juice fresh squeezed
- 1/4 cup low sodium soy sauce
- 1/4 cup water
- 1/4 cup brown sugar
- 1/4 cup sugar
- 2 teaspoons rice vinegar
- 1/2 teaspoon ground ginger
- 1/2 teaspoon garlic sauce chili-
- 3 tablespoons cornstarch
- 3 tablespoons cold water
- 1 lemon
- 2 green onions chopped
- red pepper flakes for garnish, optional

Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 25 grams
3. Cholesterol: 50 milligrams
4. Fat: 3 grams
5. Fiber: 2 grams
6. Protein: 18 grams
7. SaturatedFat: 1 grams
8. Sodium: 450 milligrams
9. Sugar: 15 grams

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