

# Jelly Lamingtons

Yield: 4 min  
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-coconut-jelly-dessert-recipe>

## Ingredients:

- 2 cups plain flour
- 1 teaspoon soda bicarb
- 2 teaspoons cream of tartar
- 2 cups caster sugar
- 230 grams butter
- 6 eggs
- 3/4 cup milk
- 1 teaspoon vanilla essence
- 1 1/2 cups dessicated coconut
- 85 grams jelly crystals, one packet of raspberry Aeroplane jelly or your favourite flavour

## Nutrition:

1. Calories: 1270 calories
2. Carbohydrate: 134 grams
3. Cholesterol: 445 milligrams
4. Fat: 75 grams
5. Fiber: 7 grams
6. Protein: 21 grams
7. SaturatedFat: 49 grams
8. Sodium: 490 milligrams
9. Sugar: 75 grams

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