

Super Simple Hamburger Chop Suey

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/hamburg-chinese-chop-suey-recipe>

Ingredients:

- butter
- onion
- celery
- ginger
- garlic
- hamburger
- molasses
- soy sauce
- cornstarch
- water
- water chestnuts
- bean sprouts
- rice

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 15 milligrams
4. Fat: 6 grams
5. Fiber: 1 grams
6. Protein: 1 grams
7. SaturatedFat: 4 grams
8. Sodium: 320 milligrams
9. Sugar: 5 grams

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