

Mejillones picantes (Spicy Spanish Mussels)

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-chilli-mussels-recipe>

Ingredients:

- 2 1/4 pounds mussels fresh
- 2 cloves garlic sliced
- 3 chillies dried cayenne
- 1 teaspoon pimenton or paprika
- 1 glass white wine
- fresh parsley chopped
- lemon juice

Nutrition:

1. Calories: 260 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 70 milligrams
4. Fat: 5 grams
5. Protein: 30 grams
6. Sodium: 720 milligrams
7. Sugar: 1 grams

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