

# Chinese Fried Red Chili Sauce

Yield: 4 min  
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-french-beans-chinese-style>

## Ingredients:

- 1/2 cup beans Chinese black fermented
- 6 cloves garlic grated into a paste
- 2 tablespoons ginger grated into a paste
- 1 cup red chili flakes
- 2 tablespoons dark sesame oil
- 2 cups peanut oil
- 1 tablespoon salt

## Nutrition:

1. Calories: 1100 calories
2. Carbohydrate: 15 grams
3. Fat: 118 grams
4. Fiber: 6 grams
5. Protein: 3 grams
6. SaturatedFat: 20 grams
7. Sodium: 1780 milligrams
8. Sugar: 3 grams

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