

Paleo Chinese Chicken Sparerib Soup

Yield: 4 min
Total Time: 15 min

Recipe from: <https://www.recipeschoose.com/recipes/lotus-root-soup-chinese-recipe-carrots>

Ingredients:

- 6 chicken drumsticks, either skin on or without skin
- 1 pound spareribs baby
- 1 3/4 cups carrots diced
- 1 3/4 cups celery diced
- 4 ounces fresh shiitake mushrooms sliced
- 1 1/2 cups lotus root peeled and diced optional
- 1 fresh ginger thumb-size
- sea salt to taste before serving
- water
- chicken broth