

Slow Cooker Asian Chicken Noodle Soup

Yield: 7 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-chicken-soup-crock-pot-recipe>

Ingredients:

- 2 pounds chicken thighs skins removed
- 1 cup shredded carrots
- 6 ounces sliced mushrooms choice
- 5 cloves garlic minced
- 2 1/2 tablespoons soy sauce
- 2 tablespoons rice vinegar
- 2 tablespoons fresh ginger
- 1 tablespoon ground ginger
- 6 cups chicken stock or broth
- 2 cups water
- 6 ounces dried rice noodles found in the asian section

Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 33 grams
3. Cholesterol: 115 milligrams
4. Fat: 22 grams
5. Fiber: 1 grams
6. Protein: 30 grams
7. SaturatedFat: 5 grams
8. Sodium: 770 milligrams
9. Sugar: 6 grams

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