

# Chinese Chicken Salad with Easy Homemade Dressing

Yield: 9 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-chicken-salad-recipe-with-top-ramen-noodles>

## Ingredients:

- 1 bunch romaine lettuce chopped
- 1/2 red bell pepper diced
- 1 bunch green onions sliced
- 1/2 cup slivered almonds
- 1 tablespoon sesame seeds
- 1 package ramen noodles Chicken flavor Top, crushed
- 1 pound chicken tenders cooked and cubed
- 1 can mandarin oranges drained
- 1 top ramen flavor packet from the
- 1/3 cup canola oil
- 3/4 tablespoon Truvia Baking Blend
- 1 1/2 tablespoons sugar
- 2 tablespoons vinegar
- 1/4 teaspoon black pepper
- 3/4 teaspoon kosher salt

## Nutrition:

1. Calories: 250 calories
2. Carbohydrate: 17 grams
3. Cholesterol: 30 milligrams
4. Fat: 15 grams
5. Fiber: 2 grams
6. Protein: 14 grams
7. SaturatedFat: 2 grams
8. Sodium: 450 milligrams
9. Sugar: 8 grams

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