

Homemade Chinese Fried Noodles

Yield: 4 min
Total Time: 40 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-fried-noodles-recipe>

Ingredients:

- 5 1/4 cups noodles Fresh
- chinese chives A handful of cut
- 1 medium carrot julienned
- 1/2 shredded cabbage medium
- 3 eggs
- 9/16 pound chicken
- 1 handful bean sprouts
- 4 cloves chopped garlic
- 1 tablespoon fish sauce
- 1/2 tablespoon dark soy sauce
- 1/2 tablespoon sesame oil
- 1 tablespoon oyster sauce
- salt to taste
- 1 teaspoon sugar
- 1 pinch black pepper powder

Nutrition:

1. Calories: 380 calories
2. Carbohydrate: 48 grams
3. Cholesterol: 240 milligrams
4. Fat: 9 grams
5. Fiber: 4 grams
6. Protein: 26 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 930 milligrams
9. Sugar: 8 grams

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