

# The Hirshon Superior Chinese Stock – ??

Yield: 4 min  
Total Time: 75 min

Recipe from: <https://www.recipeschoose.com/recipes/recipe-for-chinese-soup-with-ham>

## Ingredients:

- 2 pounds chicken parts from a boiling hen / old hen ???
- 2 pounds pork on the bone, ribs plus pork hocks is great
- 1 pound ham good quality, preferably Smithfield or ????
- 1 pound chicken feet ?? well-washed and cleaned
- 1 3/4 ounces fresh ginger
- 3 scallions
- 2 dried black mushroom Shiitake
- 5 teaspoons white peppercorns
- 1/4 cup Shaoxing rice wine
- 1 handful dried scallop
- 6 1/2 tablespoons rock sugar
- 2 tablespoons longan dried
- 3 pieces dried tangerine peel
- 10 liters water cold bottled, or enough to cover ingredients.
- salt to taste

## Nutrition:

1. Calories: 1180 calories
2. Carbohydrate: 23 grams
3. Cholesterol: 395 milligrams
4. Fat: 68 grams
5. Fiber: 3 grams
6. Protein: 113 grams
7. SaturatedFat: 19 grams
8. Sodium: 2130 milligrams
9. Sugar: 11 grams

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