

Chicken Dumpling Soup

Yield: 7 min

Total Time: 110 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-chicken-dumplings-soup-recipe>

Ingredients:

- 3 1/2 pounds chicken
- 1 onion cut in half
- 2 celery ribs cut in 3 inch pieces
- 2 carrots cut in 3 inch pieces
- 2 celery ribs diced
- 3 carrots diced
- 1 cup chopped onion
- dumplings
- 2 cups flour
- 1/2 teaspoon salt
- 1/2 teaspoon baking soda
- 2 eggs
- 2 tablespoons sour cream
- 2 tablespoons butter

Nutrition:

1. Calories: 530 calories
2. Carbohydrate: 47 grams
3. Cholesterol: 230 milligrams
4. Fat: 13 grams
5. Fiber: 4 grams
6. Protein: 54 grams
7. SaturatedFat: 5 grams
8. Sodium: 640 milligrams
9. Sugar: 5 grams

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