

Chinese Chicken Curry

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/potato-minced-meat-recipe-chinese>

Ingredients:

- 4 skinless, boneless chicken thighs cut in bite sized pieces
- 1 teaspoon soy sauce
- 2 teaspoons corn starch
- 1 tablespoon vegetable oil
- 1 onion chopped
- 1 tablespoon grated ginger
- 3 cloves garlic
- 1 tablespoon curry powder
- 1 teaspoon turmeric
- 1/2 teaspoon Chinese 5 spice powder
- 1 11/16 cups chicken stock
- 2 potatoes medium
- 1 red pepper sliced
- 2 3/8 cups sugar snap peas
- salt to taste
- chopped cilantro /coriander for serving

Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 32 grams
3. Cholesterol: 70 milligrams
4. Fat: 8 grams
5. Fiber: 5 grams
6. Protein: 30 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 550 milligrams
9. Sugar: 7 grams

Thank you for visiting our website. Hope you enjoy Chinese Chicken Curry above. You can see more 18 potato minced meat recipe chinese Savor the mouthwatering goodness! to get more great cooking ideas.