

Chinese Potato Stir fry

Yield: 2 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-chicken-and-potato-stir-fry-recipe>

Ingredients:

- 1 medium potato
- 1 tablespoon peanut oil
- 2 tablespoons red pepper finely chopped
- 2 tablespoons green pepper finely chopped
- 3 scallions chopped
- 2 teaspoons rice vinegar or any vinegar you have in the pantry
- 1 teaspoon soy sauce optional
- pepper To taste Salt

Nutrition:

1. Calories: 170 calories
2. Carbohydrate: 24 grams
3. Fat: 7 grams
4. Fiber: 5 grams
5. Protein: 3 grams
6. SaturatedFat: 1 grams
7. Sodium: 160 milligrams
8. Sugar: 2 grams

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