

# Century Egg Congee with Chicken (?????)

Yield: 4 min  
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-century-egg-congee-recipe>

## Ingredients:

- 1/2 cup white rice uncooked medium grain or short grain
- 5 cups chicken stock \*Footnote 1
- 1 chicken breast or 2 thighs, about 10 oz. / 300 g, frozen cuts work, too, if using an Instant Pot, \*Footnote 2
- 1 tablespoon Shaoxing wine or dry sherry
- 2 teaspoons ginger finely minced
- 2 century eggs chopped
- 2 green onions finely chopped
- salt to taste
- 1 teaspoon toasted sesame oil Optional
- fried shallots to serve with, Optional

## Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 31 grams
3. Cholesterol: 45 milligrams
4. Fat: 6 grams
5. Protein: 23 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 690 milligrams
8. Sugar: 6 grams

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