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Chinese Steamed Carrot Cake

Yield: 4 min Total Time: 45 min

Recipe from: https://www.recipeschoose.com/recipes/chinese-carrot-cake-recipe-tapioca-flour

Ingredients:

- 5 1/8 cups radish
- 5 tablespoons dried shrimps soaked
- 2 liver sausage Chinese, steamed
- 3 mushroom 4 dried Chinese, soaked
- 1 clove garlic mince
- 1 shallot sliced
- salt to taste
- sugar to taste
- red chilli Sliced, for garnishing, optional
- spring onion Diced, for garnishing, optional
- shallot Fried, for garnishing, optional
- 1 7/8 cups rice flour
- 7 1/2 tablespoons tapioca flour
- 4 cups water
- 1/2 teaspoon five spice powder
- 1/2 teaspoon pepper
- 1/2 teaspoon salt

Nutrition:

- 1. Calories: 880 calories
- 2. Carbohydrate: 92 grams
- 3. Cholesterol: 110 milligrams
- 4. Fat: 43 grams
- 5. Fiber: 5 grams
- 6. Protein: 30 grams
- 7. SaturatedFat: 14 grams
- 8. Sodium: 2150 milligrams
- 9. Sugar: 8 grams
- 10. TransFat: 2 grams

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