

Cheese Stuffed Mushroom

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/indian-vegetarian-stuffed-mushroom-recipe>

Ingredients:

- 8 ounces mushrooms
- cheese
- 6 1/2 ounces spinach
- artichoke
- 3 tablespoons seasoned bread crumbs

Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 6 grams
3. Cholesterol: 10 milligrams
4. Fat: 2.5 grams
5. Fiber: 2 grams
6. Protein: 5 grams
7. SaturatedFat: 1.5 grams
8. Sodium: 120 milligrams
9. Sugar: 1 grams

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