

Chinese Buffet Green Beans

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-buffet-tiramisu-sheet-cake-recipe>

Ingredients:

- 1 tablespoon peanut oil
- 2 garlic cloves minced
- 1 pound fresh green beans trimmed
- 1 tablespoon white sugar
- 2 tablespoons oyster sauce
- 2 teaspoons soy sauce

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 13 grams
3. Fat: 3.5 grams
4. Fiber: 3 grams
5. Protein: 3 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 400 milligrams
8. Sugar: 7 grams

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