

# Chinese Buffet Crab Casserole

Yield: 4 min  
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-buffet-imitation-crab-casserole-recipe>

## Ingredients:

- 16 ounces imitation crab meat
- 1/2 cup sour cream
- 1 tablespoon lemon juice
- 1 pinch garlic salt
- 1 1/4 cups mozzarella cheese or cheddar
- 8 ounces cream cheese softened
- 2 tablespoons mayonnaise
- 1 1/4 teaspoons Worcestershire sauce
- 1 tablespoon sugar
- 1 tablespoon milk

## Nutrition:

1. Calories: 500 calories
2. Carbohydrate: 10 grams
3. Cholesterol: 195 milligrams
4. Fat: 36 grams
5. Protein: 32 grams
6. SaturatedFat: 19 grams
7. Sodium: 830 milligrams
8. Sugar: 7 grams

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