

BROWN RICE PORRIDGE

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-brown-rice-porridge-recipe>

Ingredients:

- 1 1/2 cups brown rice uncooked
- 8 cups water I substitute water with chicken broth, it's up to you
- 8 ounces meat your choice, cubed
- 2 stalks spring onion finely chopped
- 1 bunch cilantro leaves fresh, roughly chopped
- fresh ginger Julienne-cut
- soy sauce
- sesame oil
- white pepper powder
- black sesame seeds or Sprinkle of white