

Chinese Broccoli Salad

Yield: 4 min
Total Time: 20 min

Recipe from: <https://www.recipeschoose.com/recipes/vegetarian-beef-and-broccoli-chinese-style-recipe>

Ingredients:

- 1 bunch broccoli fresh
- 2 teaspoons salt for cooking water
- 3 tablespoons soy sauce
- 2 tablespoons dark sesame oil often called toasted sesame oil
- 2 tablespoons rice wine vinegar
- stevia
- 1 teaspoon splenda

Nutrition:

1. Calories: 120 calories
2. Carbohydrate: 12 grams
3. Fat: 7 grams
4. Fiber: 5 grams
5. Protein: 5 grams
6. SaturatedFat: 1 grams
7. Sodium: 1900 milligrams
8. Sugar: 3 grams

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