

# Asian Sesame Broccoli Salad

Yield: 4 min  
Total Time: 7 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-broccoli-salad-recipe>

## Ingredients:

- 2 pounds broccoli florets
- 2 1/3 tablespoons olive oil
- 2 teaspoons sesame oil
- 3 cloves garlic minced
- 1 tablespoon rice wine vinegar
- 1 teaspoon soy sauce substitute with tamari for gluten free
- 1 teaspoon white sesame seeds toasted
- 1 teaspoon toasted black sesame seeds
- 1/3 teaspoon chili pepper flakes dried, optional for spice
- salt
- pepper

## Nutrition:

1. Calories: 190 calories
2. Carbohydrate: 19 grams
3. Fat: 11 grams
4. Fiber: 8 grams
5. Protein: 8 grams
6. SaturatedFat: 1.5 grams
7. Sodium: 350 milligrams
8. Sugar: 5 grams

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