

# Chinese Beef Stew

Yield: 8 min  
Total Time: 180 min

Recipe from: <https://www.recipeschoose.com/recipes/curried-beef-brisket-chinese-recipe>

## Ingredients:

- beef brisket
- peanut oil
- hoisin sauce
- Shaoxing wine
- soy sauce
- tamari
- garlic
- star anise
- Sichuan peppercorns
- Chinese five-spice powder
- sugar
- water
- daikon chinese icicle radish

## Nutrition:

1. Calories: 70 calories
2. Carbohydrate: 8 grams
3. Fat: 2 grams
4. Fiber: 2 grams
5. Protein: 1 grams
6. Sodium: 180 milligrams
7. Sugar: 5 grams

---

Thank you for visiting our website. Hope you enjoy Chinese Beef Stew above. You can see more 15 curried beef brisket chinese recipe You must try them! to get more great cooking ideas.