

# AIP / Spring Breakfast Chicken Soup - Slow Cooker Paleo

Yield: 4 min  
Total Time: 610 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-breakfast-soup-recipe>

## Ingredients:

- 1 whole chicken
- 2 1/2 quarts water or bone broth or chicken stock
- fine sea salt to taste
- soup For each serving of
- 2 tablespoons fresh cilantro or Italian parsley, chopped
- 2 tablespoons scallions chopped
- 1/2 avocado chopped

## Nutrition:

1. Calories: 460 calories
2. Carbohydrate: 2 grams
3. Cholesterol: 245 milligrams
4. Fat: 15 grams
5. Fiber: 2 grams
6. Protein: 76 grams
7. SaturatedFat: 4.5 grams
8. Sodium: 510 milligrams

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