

Chinese Braised Peanuts

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-braised-peanuts-recipe>

Ingredients:

- 2 pounds peanuts
- 2 star anise
- 3 dried chili peppers
- 5 cloves garlic peeled
- 2 tablespoons rock sugar
- 2 teaspoons 5-spice powder
- 2 tablespoons dark soy sauce
- 4 tablespoons light soy sauce
- 8 cups water

Nutrition:

1. Calories: 1340 calories
2. Carbohydrate: 45 grams
3. Fat: 113 grams
4. Fiber: 22 grams
5. Protein: 61 grams
6. SaturatedFat: 16 grams
7. Sodium: 1430 milligrams
8. Sugar: 13 grams

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