

Cantonese (Hong Kong) Style Borscht ???

Yield: 8 min
Total Time: 80 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-borscht-soup-recipe>

Ingredients:

- 1 1/2 pounds beef or oxtail
- 3 quarts beef broth or vegetable broth
- 4 fresh tomato
- 3 potatoes
- 3 stalks celery
- 1 carrot
- 1/2 cabbage
- 1 onion
- 2 bay leaves
- 3 all-spice optional

Nutrition:

1. Calories: 300 calories
2. Carbohydrate: 20 grams
3. Cholesterol: 60 milligrams
4. Fat: 13 grams
5. Fiber: 4 grams
6. Protein: 23 grams
7. SaturatedFat: 5 grams
8. Sodium: 1260 milligrams
9. Sugar: 4 grams
10. TransFat: 1 grams

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