## RecipesCh@\_se

## **Chinese BBQ Boneless Ribs**

Yield: 4 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/recipe-for-chinese-boneless-ribs

## **Ingredients:**

- 4 pounds ribs "western,", or a boneless pork butt roast cut lengthwise into 2? strips
- 1/2 cup sugar
- 1/2 cup soy sauce
- 1/4 cup hoisin sauce
- 1/4 cup dry sherry
- 1 tablespoon toasted sesame oil
- 1 teaspoon Chinese five spice powder
- 1 ginger ? piece of, grated
- 3 garlic cloves minced
- 1/4 cup marinade reserved
- 1/4 cup hoisin sauce
- 1/2 cup ketchup

## Nutrition:

- 1. Calories: 1230 calories
- 2. Carbohydrate: 56 grams
- 3. Cholesterol: 275 milligrams
- 4. Fat: 68 grams
- 5. Fiber: 2 grams
- 6. Protein: 95 grams
- 7. SaturatedFat: 23 grams
- 8. Sodium: 2930 milligrams
- 9. Sugar: 42 grams

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