

Panda Express Beijing Beef

Yield: 4 min
Total Time: 55 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-beijing-beef-recipe>

Ingredients:

- 1 pound flank steak thin sliced, against the grain, into bite size chunks or strips
- 1 cup peanut oil or vegetable oil
- 1/2 cup red bell pepper cut into 1/2 inch squares
- 1/2 cup yellow onion or white onion - cut into 1/2 inch pieces
- 1 tablespoon garlic minced
- 6 tablespoons cornstarch
- 1 large egg beaten
- 1/4 teaspoon salt
- 2 tablespoons water cold
- 1 tablespoon cornstarch
- 1/2 cup water
- 1 tablespoon soy sauce
- 2 tablespoons apple cider vinegar
- 1 teaspoon crushed red pepper flakes
- 1/4 cup sugar
- 3 tablespoons ketchup
- 3 tablespoons hoisin sauce
- 1 tablespoon oyster sauce
- 1 tablespoon sweet chili sauce

Nutrition:

1. Calories: 840 calories
2. Carbohydrate: 39 grams
3. Cholesterol: 95 milligrams
4. Fat: 64 grams
5. Fiber: 2 grams
6. Protein: 27 grams
7. SaturatedFat: 13 grams
8. Sodium: 960 milligrams

9. Sugar: 21 grams

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