

Beef with Snow Pea Stir Fry

Yield: 4 min
Total Time: 50 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-beef-with-pea-pods-recipe>

Ingredients:

- 1/4 teaspoon ground black pepper
- 1 tablespoon oyster sauce
- 5 1/4 ounces beef steak or tenderloin thinly sliced
- 1/2 tablespoon Shaoxing wine Chinese cooking wine
- 2 teaspoons corn starch
- 1 tablespoon water
- 1 teaspoon sesame oil
- 1/4 cup cooking oil vegetable, with around 2 tbsp. removed
- 2 garlic cloves chopped
- 1 1/2 cups snow peas fresh
- 1 pinch salt
- 1 teaspoon dark soy sauce
- 1 teaspoon light soy sauce
- sugar 1/4.
- 1 teaspoon cornstarch
- 1/2 tablespoon water

Nutrition:

1. Calories: 180 calories
2. Carbohydrate: 11 grams
3. Fat: 15 grams
4. Fiber: 1 grams
5. Protein: 1 grams
6. SaturatedFat: 1 grams
7. Sodium: 350 milligrams
8. Sugar: 7 grams

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