

# Chinese Beef Meat Pie

Yield: 80 min  
Total Time: 120 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-beef-with-ginger-and-spring-onions-recipe>

## Ingredients:

- 3/4 cup all purpose flour and extra flour to coat hands
- 1 cup water
- 350 grams beef ground raw
- 1 egg
- 1 onion large, chopped
- 1 carrot small, finely chopped
- 1 ginger thumb, finely chopped
- 1 tablespoon light soy sauce
- 1 tablespoon dark soy sauce
- 1 tablespoon Shaoxing wine
- 1 tablespoon sesame oil
- 1 teaspoon sugar
- Sichuan peppercorn pinch of ground, or black pepper
- 1/2 teaspoon salt
- 3 tablespoons vegetable oil

## Nutrition:

1. Calories: 25 calories
2. Carbohydrate: 1 grams
3. Cholesterol: 5 milligrams
4. Fat: 1.5 grams
5. Protein: 1 grams
6. Sodium: 40 milligrams

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