

Boneless Asian BBQ Beef Ribs

Yield: 5 min
Total Time: 45 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-boneless-beef-ribs-recipe>

Ingredients:

- 1 1/2 kilograms beef rib boneless, finger meat
- 1 1/2 ginger root about the size of a fat thumb
- 6 cloves garlic
- 1 onion yellow cooking
- 1 tablespoon five-spice Chinese
- 2 tablespoons sesame oil
- 3 tablespoons oyster sauce
- 3 tablespoons sambal oelek
- 1/4 cup rice vinegar
- 1/3 cup brown sugar
- 1 tablespoon fish sauce
- 1/3 cup soy sauce
- 2 tablespoons Chinese cooking wine
- 1/2 cup hoisin
- 1 cup water
- 2 teaspoons corn starch

Nutrition:

1. Calories: 1380 calories
2. Carbohydrate: 34 grams
3. Cholesterol: 230 milligrams
4. Fat: 115 grams
5. Fiber: 3 grams
6. Protein: 45 grams
7. SaturatedFat: 49 grams
8. Sodium: 2100 milligrams
9. Sugar: 18 grams

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