

Chinese Beef Curry

Yield: 4 min
Total Time: 65 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-beef-curry-recipe-uk>

Ingredients:

- 2 1/4 pounds beef slow cook, cuts, cut into 3 cm cubes
- 1 carrot cut into small cubes
- 1 large potato cut into small cubes
- 1/2 white onion cut into small pieces
- 2 tablespoons cooking oil vegetable
- 1 cup warm water
- 1 cup curry golden beef
- 6 3/4 tablespoons coconut milk
- water as needed
- 2 1/4 pounds beef slow cook, cuts, cut into 3 cm small cubs
- 1 carrot diced
- 1 large potatoes diced
- 1/2 white onion cut into small pieces
- 2 tablespoons cooking oil vegetable, divided
- 6 3/8 tablespoons curry paste golden, one box
- 1 cup warm water
- 6 3/4 tablespoons coconut milk
- water as needed
- steamed rice for serving

Nutrition:

1. Calories: 1570 calories
2. Carbohydrate: 58 grams
3. Cholesterol: 340 milligrams
4. Fat: 104 grams
5. Fiber: 15 grams
6. Protein: 104 grams
7. SaturatedFat: 42 grams
8. Sodium: 390 milligrams

9. Sugar: 10 grams
 10. TransFat: 5 grams
-

Thank you for visiting our website. Hope you enjoy Chinese Beef Curry above. You can see more 19 chinese beef curry recipe uk Dive into deliciousness! to get more great cooking ideas.