

Chinese Beef & Broccoli Soup

Yield: 4 min
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-beef-broth-soup-recipe>

Ingredients:

- 2 pounds flank steak thinly sliced, against the grain, into strips
- 2 tablespoons corn starch
- freshly cracked black pepper to taste
- 1/4 cup soy sauce
- 1 1/2 cups white onion thinly sliced strips of
- 6 teaspoons minced garlic
- 1/4 teaspoon ground ginger
- 3 tablespoons olive oil divided
- salt
- 8 cups beef broth
- 5 cups fresh broccoli florets
- 1/4 cup oyster sauce
- 2 tablespoons chili paste

Nutrition:

1. Calories: 580 calories
2. Carbohydrate: 22 grams
3. Cholesterol: 80 milligrams
4. Fat: 26 grams
5. Fiber: 5 grams
6. Protein: 58 grams
7. SaturatedFat: 8 grams
8. Sodium: 3310 milligrams
9. Sugar: 5 grams

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