

# Basil Beef Stir Fry

Yield: 4 min  
Total Time: 30 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-basil-steak-recipe>

## Ingredients:

- 1 pound ground beef 85/15
- 1 red bell pepper sliced
- 1/2 large yellow onion sliced
- 3 garlic cloves minced
- 2 handfuls fresh basil leaves
- 3 tablespoons dark brown sugar
- 5 tablespoons soy sauce
- 2 teaspoons fish sauce
- 2 teaspoons sambal oelek chili paste
- 2 tablespoons water

## Nutrition:

1. Calories: 320 calories
2. Carbohydrate: 16 grams
3. Cholesterol: 75 milligrams
4. Fat: 17 grams
5. Fiber: 1 grams
6. Protein: 24 grams
7. SaturatedFat: 7 grams
8. Sodium: 1440 milligrams
9. Sugar: 12 grams
10. TransFat: 1 grams

---

Thank you for visiting our website. Hope you enjoy Basil Beef Stir Fry above. You can see more 16 chinese basil steak recipe Get ready to indulge! to get more great cooking ideas.