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Caramelized Pork Spare Ribs

Yield: 3 min Total Time: 40 min

Recipe from: https://www.recipeschoose.com/recipes/chinese-boneless-pork-spare-ribs-recipe

Ingredients:

- 1 pound spare ribs cut into 1 to 1.5 inch sections
- 1 star anise optional
- 3 ginger slices
- 4 scallions
- 2 tablespoons cooking oil
- 2 tablespoons rock sugar mashed
- 2 tablespoons light soy sauce
- 2 tablespoons cooking wine
- 3 tablespoons black vinegar
- 1 cup warm water
- 1 tablespoon white sesame seeds
- 2 tablespoons spring onion

Nutrition:

- 1. Calories: 660 calories
- 2. Carbohydrate: 27 grams
- 3. Cholesterol: 120 milligrams
- 4. Fat: 49 grams
- 5. Fiber: 3 grams
- 6. Protein: 27 grams
- 7. SaturatedFat: 14 grams
- 8. Sodium: 830 milligrams
- 9. Sugar: 7 grams

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