

Slow Cooker Chinese Barbecue Pork

Yield: 5 min
Total Time: 490 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-bbq-pork-crockpot-recipe>

Ingredients:

- 4 pounds pork shoulder /pork butt trimmed of excess fat and cubed
- 1/4 cup light brown sugar
- 1/4 cup low sodium soy sauce
- 1/4 cup honey
- 1/4 cup mirin
- 1/4 cup ketchup
- 1/4 cup hoisin
- 1 teaspoon Sriracha or more to taste
- 2 teaspoons sesame oil
- 2 teaspoons garlic powder
- 2 teaspoons onion powder
- 1 1/2 teaspoons Chinese 5 spice powder
- 1/2 teaspoon ground ginger

Nutrition:

1. Calories: 720 calories
2. Carbohydrate: 38 grams
3. Cholesterol: 245 milligrams
4. Fat: 28 grams
5. Fiber: 1 grams
6. Protein: 74 grams
7. SaturatedFat: 8 grams
8. Sodium: 1070 milligrams
9. Sugar: 31 grams

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