

Bang Bang Chicken

Yield: 4 min
Total Time: 35 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-bang-bang-chicken-recipe>

Ingredients:

- 1 pound chicken breasts poached and shredded
- 2 tablespoons sesame paste
- 2 tablespoons soy sauce
- 1 tablespoon black rice vinegar Chinkiang
- 1 tablespoon sesame oil
- 1 tablespoon sugar
- 1 chili oil + tablespoon, or chili sauce
- 1 teaspoon Sichuan peppercorns toasted and ground
- 4 cups lettuce shredded
- 1 cucumber thinly sliced
- 1 carrot julienned
- 2 green onions sliced

Nutrition:

1. Calories: 280 calories
2. Carbohydrate: 13 grams
3. Cholesterol: 75 milligrams
4. Fat: 14 grams
5. Fiber: 3 grams
6. Protein: 28 grams
7. SaturatedFat: 2.5 grams
8. Sodium: 620 milligrams
9. Sugar: 6 grams

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