

Chinese Mooncake (Yue Bing)—Traditional Version

Yield: 4 min
Total Time: 60 min

Recipe from: <https://www.recipeschoose.com/recipes/simple-chinese-mooncake-recipe>

Ingredients:

- 15/16 cup plain flour
- 2 1/16 tablespoons peanut oil
- 2 tablespoons vegetable oil
- 1 tablespoon flour for coating the tool
- 3 13/16 tablespoons golden syrup homemade or store bought
- 1/3 teaspoon lye water
- 8 egg yolks salted, each 10g
- 1 1/2 cups bean paste or black sesame filling, 25g*8+30g*6
- 1 egg yolk
- 1 tablespoon egg white

Nutrition:

1. Calories: 610 calories
2. Carbohydrate: 78 grams
3. Cholesterol: 475 milligrams
4. Fat: 27 grams
5. Fiber: 4 grams
6. Protein: 12 grams
7. SaturatedFat: 6 grams
8. Sodium: 1580 milligrams
9. Sugar: 30 grams

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