

Garlic Baby Bok Choy Stir Fry

Yield: 4 min
Total Time: 25 min

Recipe from: <https://www.recipeschoose.com/recipes/chinese-baby-bok-choy-garlic-recipe>

Ingredients:

- 1 pound baby bok choy
- 2 tablespoons oil
- 5 cloves minced garlic
- salt
- white pepper
- 1 pinch sugar

Nutrition:

1. Calories: 90 calories
2. Carbohydrate: 5 grams
3. Fat: 7 grams
4. Fiber: 2 grams
5. Protein: 3 grams
6. SaturatedFat: 0.5 grams
7. Sodium: 270 milligrams
8. Sugar: 1 grams

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